**Beginner Sewing Machine & Hand Sewing Combo**

**Lesson 5**

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|  | **Today’s Sewing Machine Project** | Pocket Pouch (may be a different design) |
|  | **Today’s Hand Sewing Project** | Keychain |
|  | **Today’s New Skills** | Practice threading machine and inserting bobbin |
|  | **Extra Materials Needed** | * Pocket Pouch * Keychain * Key Ring |
| **10 mins** | **Start of Class** | * Sew Happy Way (See Instructor Binder) * Goals For Today “To make a pocket pouch using the sewing machine, to sew buttons on the pouch and to hand sew a keychain.” |
| **5 Mins** | **Refresher** | Basic Anatomy of Sewing Machine:   * + On/Off Switch   + Bobbin   + Thread   + Needle   + Presser Foot   + Hand/Fly Wheel   + Presser Foot Level |

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| **15 Mins** | **Refresher** | Threading the machine, winding and inserting a bobbin:   * Have the students practice |
| **20 Mins** | **Machine Sewing** | 1. Sew The Flap To The Pocket Pouch Front:  * Cut the pouch and flap * Pin flap to pocket pouch front (lining up with markings) * Stitch in place making sure to do 3 back stitches at the beginning and end   **HAND SEW THE BUTTONS IN PLACE AT THE “X’s”**   1. Sew The Pocket Pouch Front To Back:  * With wrong sides together pin the pouch front to pouch back * Sew around stitch lines (dots) * Cut buttonholes (an instructor should help with this) * Optional: Add a made-by label |
| **30 Mins** | **Hand Sewing** | Keychain:   * Cut the keychain carefully making sure not to cut the fabric that holds the front to the back * Roll fabric and insert through key ring so that the key ring is hanging on the middle piece of fabric * Match the front of the keychain to the back and pin in place * Using a whipstitch, sew all around the keychain following the dotted stitch line. |
| **10 Mins** | **End Of Class** | **Clean-up & Dismissal** |